




KINDERGARTEN



Readiness Checklist

Ages 4-5

Use this simple checklist to help your child build the skills and confidence they need for kindergarten and beyond! 



1. EARLY LITERACY

- Recognizes most letters
- Knows basic letter sounds
- Shows interest in books
- Can listen to a short story



2. MATH BASICS

- Counts to 10-20
- Recognizes numbers
- Understands "more" and "less"
- Identifies basic shapes



3. ROUTINE + AWARENESS

- Understands daily routines
- Knows parts of the day (morning/night)
- Can follow simple schedules



4. GENERAL KNOWLEDGE

- Knows colors
- Recognizes animals
- Understands seasons/weather



5. LISTENING SKILLS

- Follows 1-2 step directions
- Can sit and listen briefly
- Responds to simple instructions



6. INDEPENDENCE

- Puts on shoes
- Washes hands independently
- Helps clean up toys



7. COMMUNICATION

- Expresses needs clearly
- Can ask for help
- Engages in simple conversation



8. SOCIAL-EMOTIONAL SKILLS

- Takes turns
- Practices sharing
- Handles frustration (with support)



Reminder for Moms

You don't need perfection.

You just need consistency.

Small daily moments add up to big confidence. 

you got this! 